



## Biography

My name is Alexander James Mervar. I was born in Willoughby, Ohio on May 9th, 1997. I have been consistently active throughout the entire course of my life. Currently, I am an active member of the Phi Kappa Tau fraternity and the National Society of Collegiate Scholars here at Kent State University. I chose Exercise Physiology as my major because I am fascinated by how the body functions, adapts and develops in relation to bouts of physical activity. After graduating from Kent State, I plan on furthering my education in relation to Exercise Physiology within a more refined field of study and application of my choosing.